



Advanced Career Education

Overview of Course Learning Objectives:

1. Demonstrate an understanding of how to follow the chain of commands in a healthcare setting.
2. Effectively communicate with patients, families, and other healthcare team members.
 - a. Identify and overcome barriers to communication, such as language, cultural differences, and sensory impairments.
3. Accurately document and report patient information according to legal and organizational guidelines.
4. Explain the modes of transmission for infections and methods for preventing the spread of pathogens.
5. Demonstrate proper procedures for handling contaminated materials and disposing of waste.
6. Apply isolation procedures for patients with infectious diseases.
7. Demonstrate techniques for patient mobility and transfer to prevent falls.
8. Perform basic first aid, including CPR and response to choking.
9. Recognize normal and abnormal vital sign readings and report them appropriately.
10. Provide personal hygiene care, such as bathing, grooming, and oral care, with attention to patient comfort and dignity.
11. Support patients with feeding, ensuring nutritional needs are met and dietary restrictions are observed.
12. Perform skin care to prevent pressure ulcers and identify signs of skin breakdown.
13. Demonstrate the correct use of assistive devices such as walkers, canes, and wheelchairs.
14. Understand the principles of rehabilitation and restorative nursing care
15. Use therapeutic communication techniques to support patients with mental health challenges.
16. Provide emotional support to patients and families during times of stress, illness, or end-of-life care
17. Identify common health problems in older adults and appropriate CNA interventions.
18. Implement care practices that maintain dignity and quality of life for elderly patients.
19. Provide appropriate physical care measures to alleviate pain and discomfort in dying patients.
20. Identify signs of imminent death and understand the CNA's role in post-mortem care.
21. Explain the legal obligations of a CNA, including adherence to HIPAA regulations.